

Suppl 2. Risk of bias of included studies

Study	Newcastle-Ottawa Scale			
	Selection	Comparability	Outcome	Overall risk of bias
Varotto et al, 2021 [24]	**	*	**	High
Wang et al, 2019 [25]	***	*	*	Low
Vukadinovic et al, 2019 [26]	***	*	**	Moderate
Kheiri et al, 2019 [27]	**	*	**	High
Goel et al, 2019 [28]	***	*	**	Moderate
Nasir et al, 2019 [29]	***	*	**	Moderate
Garg et al, 2019 [30]	***	*	*	Low
Kheiri et al, 2020 [31]	***	*	**	Moderate